





A spa visit is one of life's little indulgences.

You come to relax, refresh, and escape for a little "me" time. How wonderful to let someone else take care of the details for a change.

You come to the spa because you want to look and feel better too, long after you walk out of our quiet sanctuary back into the real world...



*Consider an Aviva Gift Certificate for someone special... available in any denomination.*

*Every* visit to Aviva Skin Spa offers an intimate retreat in our relaxation room while you enjoy an aromatherapeutic foot soak. Relax in a soft cotton robe with a cup of calming herbal tea and a healthy snack.

Professional, personalized attention in this soothing environment is what keeps our discriminating clients returning to Aviva. Well, that and their noticeable "you-look-absolutely-fantastic" results.

*Please peruse our treatment brochure to select the service that best meets your needs. Our award-winning therapists will take care of the rest.*



# Skin Care

When your skin looks its best, you face the world with confidence. To complete your experience, every one of our Aviva facials include:

- Assessment of your skin's condition, cleansing, exfoliation and extractions.
- Gentle face, neck and shoulder massage to promote deep muscle relaxation and encourages cell renewal.
- Customized mask, followed by moisturizer and sunscreen to hydrate and protect your balanced skin.
- Warm hand and foot hydrating treatment.

## Great Skin Facial

Our signature facial is customized with products for your skin's specific needs. Warm compresses help to cleanse, balance, and soften the skin. Cleansing, exfoliation, a custom blended mask, and a therapeutic face, neck and shoulder massage make this treatment essential for the maintenance of radiant, healthy skin. \$85

## Ultra Sensitive Facial

Suitable for any type of skin sensitivity, including rosacea, this facial uses gentle calming products designed to cleanse, hydrate, nurture and soothe your skin. Lymphatic drainage and gentle massage improve the skin's functions while reducing inflammation and calming irritation. \$85

## Vitamin C Regenerating Facial

Rich in anti-oxidants to nourish the skin, protect against environmental damage, and encourage cell renewal, this intensive treatment includes a glycolic acid peel and vitamin C firming mask to leave skin ultra-smooth, hydrated, and noticeably firmer. Excellent for all skin types except rosacea and extremely sensitive. \$100

## Deep Cleansing Facial

Refine and tone normal, oily, or problem skin. Special cleansing and exfoliation techniques remove impurities from pores, extra time is devoted to extractions, and a high-frequency application zaps surface bacteria—leaving you with clean, balanced skin. \$95



## Teen Facial

Introduce your teen to healthy skin care with this effective treatment for congested skin. Cleansing, exfoliation, steam and extractions remove impurities, and a calming mask closes the pores and restores the skin's texture. This is a wonderful gift for a young man or woman with skin care concerns. \$65

## Refining Peels

Your esthetician will recommend a glycolic acid, salicylic acid or fruit enzyme peel to exfoliate, clarify, and unclog pores and leave skin visibly smoother and glowing.

Single treatment.....	\$50
Series of 3.....	\$135
Series of 6.....	\$255

*(Prices are for peels alone. You may also add a peel to any facial for an additional \$20.)*

## Parisian Peel Microdermabrasion

Using the abrasive action of fine crystals and mild suction, the Parisian Peel effectively removes dead skin cells reveal a smoother, softer, and more refined complexion. This renowned treatment is beneficial for sun damaged skin, age spots, hyperpigmentation, fine lines and wrinkles, and acne scars.

Single treatment.....	\$90
Series of 3.....	\$245
Series of 6.....	\$460

## Extras (Add any of these to your facial for \$20)

### Refining Peel

Choose one of our glycolic, salicylic or fruit enzyme peels for an extra dose of exfoliation.

### Firming Neck Treatment

Add an application of a our firming vitamin C mask to the neck area for an instant lift.

### Eye Rejuvenation

Offering the extra benefit of our circulation-boosting arnica lotion, a cooling eye mask helps relieve puffiness and fatigue. A botanical lightening serum is then applied to lighten dark circles.

# Body Treatments

The healing effects of therapeutic body treatments have been well established. But what the studies don't tell you is the effect on your confidence when your skin looks and feels this good.

## Raw Sugar Polish

Organic aromatherapy oils are mixed with raw turbinado sugar in this luxurious treatment to soften and hydrate your skin from head to toe. \$50

## Anti-Oxidant Body Therapy

This body rejuvenating treatment is anti-aging, detoxifying, and exfoliating. Naturally derived antioxidants from green tea, grapeseed, and turmeric promote regeneration of collagen and elastin, cell renewal, and vitamin absorption. Your skin is left clear, radiant and glowing with health. \$85

## Herbal Mud Wrap

A unique mixture of Moor and Dead Sea mud rejuvenates tired muscles and dull skin, while stimulating circulation and lymphatic drainage. While you are wrapped, therapeutic heat lamps allow antioxidant herbs to nourish, re-mineralize, and detoxify your skin. \$70



# Massage

Aviva's award-winning massages are the perfect way to de-stress and re-balance. Choose from a variety of indulgent treatments to soothe your body and soul.

## Classic Swedish

Experience comfort and relaxation in a therapeutic massage customized for your individual needs and preferences.

30 minute.....	\$40
1 hour .....	\$75
90 minute.....	\$110

## Hot Stone

Smooth heated stones are incorporated into this massage to provide the ultimate in muscle relaxation.

1 hour .....	\$90
90 minutes .....	\$125

## Pre-Natal

Customized for your growing shape with pillows and supports to ensure your comfort, this peaceful massage is designed to relieve the unique strains of pregnancy.

1 hour .....	\$75
90 minutes .....	\$110

## Reflexology

Through targeted application of pressure to specific reflex points located on the hands and feet, this treatment helps dissolve blocked energy, improve circulation, and renew balance.

1 hour .....	\$70
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## Hands & Feet

For hard-working hands and tired feet, experience our natural spa manicures and pedicures. All nail care treatments are provided in the privacy of your own treatment room and use natural chemical-free polishes and products. No chemicals, no fumes, no germs!

### Classic Manicure

We use natural oils and lotions to soften the skin and cuticles before your nails are shaped, buffed, and finished off with one of the beautiful colors of our all- natural SpaRitual® polishes. \$30

### Spa Manicure

Enjoy every service that's a part of our Classic manicure plus an added paraffin dip for extra soft skin. \$40

### Hot Stone Manicure

This unique pampering treatment includes a luxurious hand and arm massage with smooth hot stones. \$50

### Classic Pedicure

After a warm aromatherapy foot soak and massage, your feet are treated to a smoothing scrub, expert callous and cuticle care, and luxurious moisture. The finishing touch is an application of SpaRitual® all-natural polish in a color of your choice. \$50

### Spa Pedicure

This treatment includes all of the care and pampering of the Classic Pedicure, plus a super-hydrating paraffin dip and additional massage. \$60

### Hot Stone Pedicure

The ultimate in luxury and care for your feet, the massage included in this complete pedicure is performed with smooth hot stones. \$70

## Waxing

Enjoy the smooth skin and polished appearance only professional waxing can provide.

Brow Maintenance .....	\$15
Brow Design.....	\$20
Upper Lip .....	\$10
Sideburns .....	\$10
Face (not including brows).....	\$30
Chin .....	\$10
Underarms .....	\$20
Half Arm .....	\$20
Full Arm .....	\$40
Back .....	\$30 - 50
Chest .....	\$25
Stomach .....	\$15
Bikini.....	\$25 - 35
Extended Bikini .....	\$40 - 55
Brazilian.....	\$60 - 75
Full Leg (includes feet & toes) .....	\$60 - 70
Half Leg (includes feet & toes) .....	\$30 - 40



## Products



Give your skin spa-quality pampering at home. We carry only the finest products available from around the world. Our estheticians can customize an at-home skin care plan for you from our carefully selected top-of-the-line professional products.

### Jurlique®

Jurlique's premier skincare products are made with herbs and flowers from its own bio-dynamic sustainable farms. Each of Jurlique's gorgeous products is uniquely developed with a specific "living energy blend"—a custom blend of organically grown and hand-harvested herbs and flowers that re-balances skin, naturally.

### SkinCeuticals®

SkinCeuticals' product philosophy and educational programs are built around prevention, protection, and correction—to maintain and improve skin health.. SkinCeuticals' formulations are based on optimal concentrations of pure, pharmaceutical grade ingredients elegantly crafted into functional products that offer proven scientific results.

### GloMinerals®

Made with the best quality pharmaceutical-grade ingredients—including antioxidants, vitamins C, A, K, E and green tea extracts to prevent free-radical damage and improve the condition of the skin—GloMinerals makeup provides excellent coverage and UV protection for all skin conditions. Applied with little effort and flawlessly concealing, GloMinerals lets you feel confident about your appearance with a look that's right for you.

### SpaRitual®

SpaRitual is committed to creating eco-friendly products and packaging perfectly crafted for the enlightened consumer. Made with vegan ingredients from around the world—including many plant essences that are wildcrafted or organic—the formulations are naturally colored and free of synthetic dyes. Enlighten yourself. Be a SpaRitualist. Because we all deserve to live the good life.



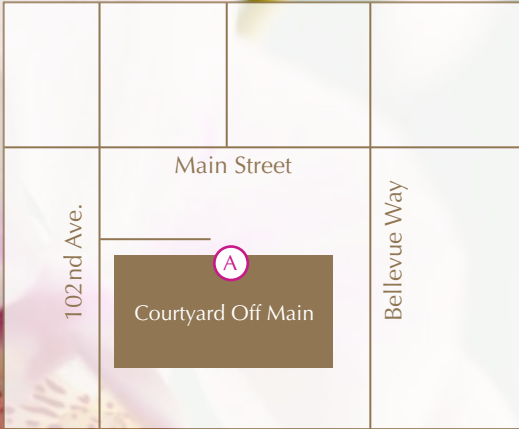
Aviva services are available by  
appointment Tuesday thru Saturday.

For the benefit of all of our clients,  
we kindly ask that you respect our 24-hour  
cancellation policy.

To maintain a relaxing atmosphere at  
Aviva, we request that cell phone ringers  
be turned off while at the spa.

This is your time. For your own benefit  
and that of our other clients, we  
ask that children not accompany you on  
your spa visit.





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